Western takes proactive stance on sexual violence

BY JASON WINDERS

EDUCATING STUDENTS ABOUT sexual violence is a topic Western refuses to shy away from — instead, university officials said, they confront the topic from Day One. “We start right away. Our demographics are such that we feel we need to provide a lot of education and awareness about issues like consent,” said Angie Mandich, Western’s acting associate vice-president (Student Experience). “We try to bring all students into the ‘culture of caring’ we have here through initial awareness and ongoing education that sexual assault is not acceptable under any circumstances.”

In the wake of a series of high-profile cases, which have dominated headlines on both sides of the border, the public’s attention has been focused on sexual violence in recent weeks. For postsecondary institutions, a recent Toronto Star investigation into sexual assault policies on Canadian campuses has drawn particular attention to the ways universities are confronting the issue and assisting victims. At Western, the subject of sexual assault has received intense attention for the last year. For many university officials, the issue gets to the core of who universities serve.

According to Statistics Canada, there are about 512,000 incidents of sexual assault annually, representing a rate of 1,977 incidents per 100,000 in a population aged 15 and older. Given approximately nine in 10 sexual assaults go unreported, police-reported sexual assault counts are notably lower, with about 24,200 sexual offences recorded by police.

Victimization rates are dramatically higher among those aged 15-24. That last fact should be an eye-opener to every university, said Susan Grindrod, Western’s associate vice-president (Housing and Ancillary Services). “I have been asked many times why we need a specific policy on this. My answer is because of our demographic. Universities are the statistics,” she continued. “This is a special policy around an issue that impacts young people. And that’s who we have here — young people making decisions on these things. So, we need to be prepared to deal with this. "Having a strong message from the top, along with a strong policy and set of guidelines about how we’re going to handle this, lets everybody know this is an important issue here.”

In September, Western adopted its first standalone Policy on Sexual Violence. Prior to that, sexual violence was — and still is to some extent — addressed by both the Code of Student Conduct and Non-Discrimination/Harassment Policy. A standalone university policy, however, elevates the issue within the community, Mandich said. “A policy draws everyone’s attention to the magnitude and importance of the issue,” she continued. “We take sexual assault and prevention very seriously, to the point where we are one of the few universities who have a specific policy addressing this issue. We’re not only reacting, but being proactive, in terms educating and raising awareness among all our students so we create a respective climate for all.”

According to the Star’s findings, only nine of 78 Canadian universities, and zero of 24 Western universities, are tackling this issue. For more on the way Western deals with sexual violence, see pages 8-9.

SEXUAL VIOLENCE // CONTINUED ON PAGE 6
MCINTOSH GALLERY EXHIBIT
Runs until Dec. 6.

STUDENT SUCCESS CENTRE WORKSHOP
Summer job search. Summer work builds your resume, gives you exposure to specific occupations, can provide a steady income, a chance to network, and invaluable experience. Now is the time to start your summer job search. Register at westerncareercentral.ca.

10:30-11:20 a.m. UCC 315 Council Chambers.

DON WRIGHT FACULTY OF MUSIC
Sojourns: The Wind Ensemble travels the world, stopping to march with Gustav Holst, walk with Dmitri Shostakovich and tango with John Mackey.

12:30 p.m. Paul Davenport Theatre.

PHYSICS & ASTRONOMY COLLOQUIUM
Alex Buchel, Department of Applied Mathematics, Western. String Theory approach to non-equilibrium dynamical systems of strongly coupled systems.

1:30 p.m. PAB 100.

LEARNING SKILLS SERVICES

2:30-3:30 p.m. WSSB 3134.

GRADUATE PROGRAM MIGRATION AND ETHNIC RELATIONS COLLOQUIUM SERIES
Chris Anderson, Wilfrid Laurier University. Telling Tales: Canadians and Immigration.

4:5-5:30 p.m. SSC 5220. Refreshments 3:30 p.m. SSC 5230.

ENGINEERS WITHOUT BORDERS MEMBER LEARNING
Engaging guest lectures, interactive workshops and TED Talk style presentations on international development. Visit my wb.uwo.ca.

5:30 p.m. UCC 65.

LEARNING SKILLS SERVICES
Writing Multiple-Choice Tests. Visit sdc.uwo.ca/learning.

11:30 a.m.-12:30 p.m. WSSB 3134.

DON WRIGHT FACULTY OF MUSIC

29 // SATURDAY

DON WRIGHT FACULTY OF MUSIC
Masterclass with alumna Adrienne Pieczonka.

3 p.m. von Kuster Hall.

DON WRIGHT FACULTY OF MUSIC

4:30 p.m. UC 205.

ENGLISH LANGUAGE LEARNING CENTRE CLASSES END.

29 // SUNDAY

DON WRIGHT FACULTY OF MUSIC

BASKETBALL
Brock at Western.

Women’s 6 p.m. Men’s 8 p.m.

1 // MONDAY

WORLD AIDS DAY 2014
At the Schulich School of Medicine & Dentistry. Hear from leading experts in HIV/AIDS. They will discuss the scope of the epidemic and the groundbreaking work being done. Free event but space is limited. RSVP comm@schulich.uwo.ca.

1–2:30 p.m. MSC 282.

DEPARTMENT OF PHYSIOLOGY AND PHARMACOLOGY
Christian Casanova, School of Optometry, Université de Montréal. What can the extrageniculate thalamus tell us about the visual cortex? All welcome.

4 p.m. DSB 2016.

DON WRIGHT FACULTY OF MUSIC

Early Music Studio.

8 p.m. von Kuster Hall.

APPLIED MATHEMATICS COLLOQUIUM
Robert J. McCann, Department of Mathematics, University of Toronto. Academic wages, singularities, phase transitions and pyramid schemes.

2:30 p.m. MC 204.

DON WRIGHT FACULTY OF MUSIC

Early Music Studio.

2 // TUESDAY

SENIOR ALUMNI PROGRAM
What’s To Eat? How Canada’s agriculture and food industries are evolving. David Sparling, Chair of Agri-Food Innovation, Iowa Business School.

9:30 a.m. McKellar Room, UCC.

LEARNING SKILLS SERVICES
Manage Test Stress. Visit sdc.uwo.ca/learning.

11:30 a.m.-12:30 p.m. WSSB 3130.

DON WRIGHT FACULTY OF MUSIC

CONTEMPORARY MUSIC FOR VIOLIN, PIANO AND ENSEMBLE

8 p.m. von Kuster Hall.

3 // WEDNESDAY

FALL/WINTER TERM CLASSES END.

COMPARATIVE LITERATURE RESEARCH FORUM
Rachel Wong, Distinct Dichotomies: Literary Representations of Vancouver Chinatown in Contemporary Canadian Fiction. Free to anyone interested. 11:30 a.m. UC 207.

Marketing Management Postgraduate Certificate
FROM PRODUCT DEVELOPMENT TO ADVERTISING, THIS PROGRAM OFFERS THE UNIQUE SKILLS YOU WILL NEED TO LAUNCH YOUR CAREER AS AN ACCOUNT EXECUTIVE, MARKETING MANAGER, MARKETING SPECIALIST, PRODUCT MANAGER AND MANY OTHER EXCITING CAREER OPTIONS.

business.humber.ca/postgrad
Student groups answer world’s challenges

THE SECOND ANNUAL World’s Challenge Challenge took place during Western International Week earlier this month. This competition stems from President Amit Chakma’s honorary doctorate address at the University of Waterloo (2010) in which he stated: “If you embrace a global vision, your talents and creative minds hold the potential and the power to solve enormous world challenges and improve the human condition right across our global village.” Students are encouraged to form diverse teams and together identify both a problem the world is facing, and a proposed solution to the problem, to a panel of judges. The first prize is a $1,000 scholarship per team member to be used on an international learning opportunity (study abroad, service learning, exchange or other experiences). The top three winning teams this year were:

Financing for Community-Driven Development Projects
Monique Tuin, Lilian Tsai and Flora Jung
FIRST PLACE
An inclusive and financially sustainable model for community-driven development is the way to go when assisting developing nations, according to this group. Current development projects are filtered into developing communities, and, by the time aid arrives, it is already decided where funds and resources will be allocated. This means the aid that communities get doesn’t always address actual needs.
If, however, communities were able to identify their needs, and had access to financing through a private company or government structure, they would have access to capital to tackle self-identified areas of need.
The group’s model works like a microloan program, only expanded to a community in which groups would collectively apply for funding. Once a community built whatever it deemed necessary – a well, irrigation system, farmlands, etc. – it could make a profit. When it makes its money back, the community can pay back the loan and apply for a bigger one.
The country the group gave as an example was Haiti, though the model is transferable to other developing countries.

Weig (Charlie) Zhao, David Lau and Jasper Wong
SECOND PLACE
This group tackled global waste sanitation in developing countries, where the lack of proper waste sanitation is a large contributor to disease and mortality. Given developing countries don’t necessarily have the infrastructure to build sewage systems, the group proposed a simple, low-cost sustainable system for waste disposal. The idea is to implement portable hygienic toilets made of a compostable bucket, including a cover made of sugar cane to absorb foul smells, which attract pests. The portable toilets would be collected every week and taken to a central processing facility where its contents would be made into fertilizer and sold to local farmers, creating a sustainable cycle. The proposed nation for the group’s project was Ethiopia, where there is a strong agricultural sector.

A Bike for a Bike
Linta Mustafa, Megan Miranda and Anisha Khanna
THIRD PLACE
‘Water walks’ in African nations would become more efficient as a result of this group’s proposal. Many people in Africa don’t have access to water, and water walks, undertaken by women, are usually challenging journeys on foot.
While Canada has invested millions in the building of 250 dams in Africa, the problem isn’t entirely the availability of water – it was its accessibility.
This group proposed the creation of the A Bike for a Bike program. Here’s how it works: Someone in North America or Europe donates an old bicycle to United Scrap, an existing scrap metal company in the United States working in humanitarian aid. From those donations, 60 per cent of the funds would go to ZamBikes, a Zambian company that creates modified bicycles to hold two jerry cans (which carry water).
As a result, the water walk becomes more efficient, making what would have been a two-hour journey into a 20-minute ride.

Internationalization


A Bike for a Bike

PHOTOS AND STORY BY ADELA TALBOT
Alzheimer’s research draws star power to campus

For iconic Canadian actor Victor Garber, right, Alzheimer’s disease hits very close to home, having supported both of his parents through their struggles with the disease. The star of film, television and stage recently got an up-close look at Alzheimer’s research being done at Robarts Research Institute, including the work of imaging scientist Rob Bartha, left, a medical biophysics professor at the Schulich School of Medicine & Dentistry. Garber was back in his hometown of London for the 2014 Leaders in Innovation Dinner which, this year, shone a light on neurodegenerative diseases.

BY JASON WINDERS

DON’T EXPECT JOHN Schweitzer to get teary at the thought of yesterday.

“I detest nostalgia. I never look back,” he said with a laugh from his Montreal home this week. “You will not see me ruminating through photo albums, saying, ‘Oh look at me, I had lots of hair’.”

Last week, however, the past caught up with the Western alumnus as an exhibition of works commemorating the 40th anniversary of his graduation from Western opened. Entitled “John A. Schweitzer’s Benjamin’s Alphabet: Diary of a Series,” the show runs through March 20 in the John A. Schweitzer Gallery, in the Archives and Research Collections Centre of The D.B. Weldon Library.

Far from nostalgic, the show can be seen as a celebration of a long-time interest in those layers of cultural architecture. I have always maintained a window into Schweitzer’s studio to represent knowing this is ‘a moment,’ Schweitzer said. “It opened up the idea of what was possible,” Schweitzer said. “It opened those doors to a bigger world. At the time, London was in its prime; there were a shinning moment in the 1970s when one only spoke of the ‘London School.’ For me, Western will always be an extension of my own family. There is a marvelous relationship that has continued to this day.”

Schweitzer, HBA’74, LL.D’11, was born in Simcoe, Ont., in 1952, the middle child of three, and the only son. “I maintained a very solitary childhood which allowed me to amble into wheat fields and explore. It was truly a halcyon days. Having all of that time alone,” he said. “I missed being with people.”

Although drawn to visual arts early in life, he arrived at Western for its Department of English, and the possibility of working with “literary lights” of the time like Michael Ondaatje and Alice Munro. “I was very much interested in being a writer when I arrived,” he said. However, a summer course on Art History changed everything.

There, the 18-year-old Schweitzer fell in love with “the synoptic nature of the course. By studying art history, I was also studying politics, history, advances in science and sociology, as well as architecture. I have always maintained an interest in those layers of cultural architecture.”

His undergraduate studies with legendary Canadian painter, and Western professor Paterson Ewen, led to an MFA in painting under multidisciplinary artists Vera Frenkel and Tim Whiten at the University of Toronto and Government of Ontario Art Collection. He was inducted into the Royal Canadian Academy of Arts in 2003, followed by the Ontario Society of Artists.

His current exhibition traces his creative process in the realization of a series. McGill University professor Ricardo L. Castro, guest curator, opens a window into Schweitzer’s studio to reveal his working methodology, textual research and literary influences. Selected works from Benjamin’s Alphabet are juxtaposed with material culture and artefacts from the artist’s extensive personal library and archive.

Schweitzer’s Alphabet utilizes the German philosopher Walter Benjamin’s “Das Passagen-Werk,” a literary montage — a point of departure, with which to articulate his thematic interest in the French tradition of the flaneur, or stroller, and the promenade, in his investigation of nineteenth-century French art and the genesis of modernism.

“Western Archives is pleased to host this exhibit celebrating the 40th anniversary of John’s graduation from Western in 1974, as well as the 10th anniversary of the 2004 official opening of the John A. Schweitzer Gallery,” said Robin Keirstead, university archivist. “We are particularly appreciative of the opportunity to exhibit several originals from the Benjamin’s Alphabet series, which are on loan from the artist and from private collectors in Montreal and Toronto.”

For viewers, Schweitzer hopes for several takeaways.

“I would like to instill, or arouse, in fact, an intellectual curiosity or motivation to perhaps research the artist or maybe the writings of Walter Benjamin, the case of the current exhibition, as well as sharpen and heighten visual literacy,” Schweitzer said. “One speaks of verbal literacy, but I would say one of the lacunas in today’s world is visual literacy.”

Opinions expressed here are those of the author and do not necessarily reflect the opinions of or receive endorsement from Western News or Western University.

For more information about the exhibition, please visit http://www.western.ca/library/schweitzer

Events

Exhibition marks alumnus’ 40th anniversary

By Jason Winders

BY JASON WINDERS

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CPSX providing rock-solid training for the final frontier

David Saint-Jacques, a Canadian Space Agency astronaut, joined Western’s Centre for Planetary Science and Exploration (CPSX) this summer on a geological exploration mission of an impact structure, at West Clearwater Lake in northern Quebec. While a lot of training for astronauts is simulated, Saint-Jacques said this one is the best because it simulates the environment in which he would work in space.

BY ADELA TALBOT

DAVID SAINT-JACQUES calls it the perfect training scenario.

This year was the fourth consecutive year Western’s Centre for Planetary Science and Exploration (CPSX) worked with the Canadian Space Agency to provide training in field geology—not only to students, but astronauts as well. A research team, led by Earth Sciences professor Gordon Osinski, explored an impact structure this summer at West Clearwater Lake in northern Quebec.

“You can’t replace training like that. It’s the best, because it’s real,” said Saint-Jacques, a Canadian Space Agency astronaut who accompanied Osinski’s team.

Saint-Jacques was on campus last week to follow up on the field research he did with the CPSX team, to meet with graduate students and deliver a lecture.

“It’s perfect training for us. There’s the remoteness. And then there’s the camp life. You have to be always conscious of your equipment, what keeps you alive and well, just like what keeps you alive in space. And when you’re doing real research in that uncomfortable context, that’s very similar to life on board a space station.”

The crater Saint-Jacques visited with Osinski’s team formed approximately 290 million years ago and had not been studied in detail since the 1970s. The team looked at various aspects of the West Clearwater Lake impact structure and what clues it gives about the impact crater process.

“It’s important to be organized and rigorous while in the field, Saint-Jacques said. This is something he is taking away from this last expedition.

“With the amount of effort, time and energy required to bring back one of those rocks, it’s worth thinking a few more minutes when you are there, deciding which one you’re going to pick and which is most useful,” he said.

“That highlights the importance of having a good hypothesis, thinking about it before you go. When astronauts do this on another planet, on behalf of geologists on the ground, they’ll need to understand the critical element of using your judgment. And your judgment is only as useful as your knowledge.”

And he learned from watching the students, too, he added.

“We join these expeditions not so much because they are geology expeditions, but it’s to learn the attitude of a world-class academic expedition in the wild. It could be any subject but impact craters is one the best subject for us,” said Saint-Jacques.

“Osinski’s group has done the program with astronauts for four years and it’s real geology exploration mission. We just tag along. It wasn’t designed for us—it’s just that it’s good.”

CPSX and the Canadian Space Agency hope to continue this collaboration. Osinski is planning another expedition next year and Saint-Jacques hopes to return.

“It is really invaluable. There’s even talks of inviting astronauts from other countries,” he said.
An upper-year Rez with double beds.

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Send in your building choice before Dec 18. Choose your room and receive a $200 food credit.
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A SOLID RETIREMENT PLAN NEEDS SOLID EXPERTISE

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SEXUAL VIOLENCE // CONTINUED FROM PAGE 1

Ontario colleges, have created a special sexual assault policy. The nine universities include Western, along with Acadia, Brock, Guelph, Lakehead, Mount Allison, St. Francis Xavier, St. Mary's and St. Thomas.

Western's policy defines sexual violence as "any violence, physical or psychological, carried out through sexual means or by targeting sexuality. This includes sexual abuse, sexual assault or rape. It also includes sexual harassment, stalking, indirect or sexualized exposure, degrading sexual imagery, voyeurism, cyber harassment, trafficking and sexual exploitation."

It further reiterates the university's commitment to "providing and maintaining an environment in which sexual violence is not tolerated" among students, staff and faculty alike.

The policy further reads:

The University recognizes that the prevention of, and response to, sexual violence is of particular importance in the university environment. Sexual violence will not be tolerated. Any and all acts of sexual violence will be addressed and individuals who have committed an act of sexual violence will be held accountable.

The University will ensure that appropriate procedures are in place to respond to incidents of sexual violence and to provide support for members of the University community who are victims/survivors of sexual violence, regardless of where such incidents may occur.

The University is committed to on-going education and awareness initiatives about sexual violence, including issues of consent, drug and alcohol use, sexual harassment and cyber harassment. The University will support these initiatives through a dedicated Education and Awareness web page and existing committees such as the Safe Campus Advisory Partners and the Women's Safety Committee. The University will ensure that these initiatives are broadly communicated to all members of the University community.

Western is in the final stages of approving the guidelines that will allow this policy to be fully implemented across campus.

Beyond the policy, the university continues to educate, support and provide services.

Education and awareness programs come at students from numerous areas – residence, Student Health Services, University Students' Council, just to name a few. And help for victims, Mandich stressed, should be just as accessible.

Under the Health and Wellness website, health.uwo.ca, the university has established a GET HELP website for anyone who has been sexually assaulted as well as a HELP SOMEONE website for anyone who knows of someone who has been assaulted. A RESOURCES website lists additional assistance, including campus and community resources, help lines, police/legal and women's shelters.

But help is more than a website.

"There are supports – many supports," Mandich said. "In these situations, individuals who experience sexual assault need to talk to professionals. We have lots of professionals on campus, all with experience dealing with sexual assault. They can connect students to the help they need."

Beyond the professionals, Grindrod stressed help for victims is a shared responsibility. She cited the university’s See Something, Do Something campaign, presented in residence, which stresses there are no bystanders when it comes to sexual violence.

"If someone has been assaulted at Western, they can find help through many doors," Grindrod said. "The goal is to have lots of people at the university who feel they have the skill, and the information they need, to doing something to help. People seek help from the university in all kinds of ways. We all should be ready to help."

While few sexual assault victims filed formal reports with police, Statistics Canada reported that most confided in friends (72 per cent) and many turned to family (41 per cent) and other informal sources of support.

"We know that happens," Grindrod continued. "Victims might not feel comfortable coming forward, but they might tell someone, and then it comes forward. It is about providing a safe place, offering emotional support."

Sexual violence will continue to be discussed at Western, Mandich assured.

Last year, the university formed a committee to bring together leaders across campus, including students, to unify and simplify efforts. The goal was to eliminate duplication and mixed messages in where victims could seek help, and drive information from a single authoritative voice on the issue.

"We are going to continue to proactively discuss this," Mandich concluded. "Now that it is in the media in many ways, and people are talking about it more and more, this is another opportunity for us to again address this very important, and serious issue."
Research

Engineering adds new dimension with 3D printers

Mechanical and Materials Engineering professor O. Remus Tutunea-Fatan shows a skull printed using a 3D printer, located in a new laboratory in the Spencer Engineering Building. The skull is a prototype made for a fourth-year capstone design project testing the clenching forces of a simulated human jaw.

BY HEATHER HUGHES

IF YOU DREAM it, you can build it. This is not just a mantra; it has become a reality for Mechanical and Materials Engineering students, thanks to a new 3D printing lab. Featuring eight 3D printers, the Spencer Engineering Building lab was integrated into the department’s undergraduate curriculum this fall. While the primary users of the lab will be the Mechanical and Materials Engineering students enrolled in design and manufacturing-oriented courses, the 3D printers will serve a broader variety of activities ranging from outreach events to student megaprojects.

Students can now take designs from “inside their heads to inside their hands,” said Mechanical and Materials Engineering professor O. Remus Tutunea-Fatan. “With additive manufacturing, you can produce almost anything you can think of,” he continued. “You can produce almost any shape, which was, and still is, never the case with conventional subtractive manufacturing technologies.”

The use of 3D printers is similar to traditional printers, except they rely on spools of plastics—rather than paper, ink and toner—to “print,” “build” or “make” the design. Smaller objects can take only a few minutes; larger-size objects can take up to few days.

3D printing technology has been around for decades. Within the last few years, however, the printer prices have dropped significantly leading to their widespread adoption by “do-it-yourself” enthusiasts and hobbyists. “3D printing is a true instance of lights-out manufacturing,” Tutunea-Fatan said. This means the user does not have to be present to monitor the building process—far from a reality for most conventional fabrication processes.

“I have been teaching the CNC (Computer Numerically Controlled) machining course for several years now. The one question that often comes from students, who are not familiar enough with this technology, is ‘Where is the make-it-now button?’ Unfortunately, machining is not yet there and—who knows—it might never be,” Tutunea-Fatan said. “Because of this, anyone looking for a way to quickly materialize a design should be seriously looking into 3D printing—that is already a ‘one-push button’ technology.”

The incorporation of the 3D printing laboratory into the Western Engineering curriculum is aligned with the changing demands in mechanical engineering education. For example, the University of Pennsylvania announced an upgrade to its 3D printing facility this summer, while Carleton University launched its Discovery Centre in the spring featuring 3D printers. Similarly, Ryerson University recently established its own Advanced Manufacturing, Design and 3D Printing Lab.

While Western Engineering may not be the first to set up such a lab, this facility gives students the opportunity to explore and use the 3D printers for their own design projects, in addition to the structured curriculum applications, said J. Maciej Floryan, chair of Mechanical and Materials Engineering. “We are working hard to build this equipment into the curriculum,” he continued. “I think we are likely the first to bring this technology to the level where students just go to the lab and make parts—sort of like going to library and taking books out.”

The 3D printers will help students have a better understanding of the challenges of moving from design to manufacturing. “When you make several parts and try to put them together, you will see immediately, if they fit together or not,” Tutunea-Fatan said. “For students, this new opportunity will give them a totally new perspective on the fabrication and assembly of a mechanical system comprised of multiple components.”

The use of 3D printers as part of the academic curriculum is expected to help students develop skills that will directly benefit them in the workforce, especially because companies have started to use additive manufacturing on a growing scale either for their prototyping or even serial production needs. “3D printers will help our students to better experience and employ hands-on skills,” Tutunea-Fatan said. “At the end of the day, this is what additive manufacturing means: one starts with nothing on the 3D printer’s platform and a continuous deposit of material slowly turns an initial design idea into a physical component that can be then better understood and analyzed.”
I'm sure you're not likely to learn from me about The Simpsons. It's a program I never understood. I'm sure you've heard all too much about how much you can learn from The Simpsons, start with some of that stuff and go from there. You certainly need not worry about that.

I'm too late to add some hint of how much the Simpsons changed improvised, informal television landscape through its successes and failures. It was obvious, for instance, how the network changed some of the preceding conventions of the past. Network TV, the most cutting-edge and entertaining shows. And yet, the show seemed to be just about taking advantage of the thinking of the world/"The Simpsons."

As a result, of course, the show's success proved to be a significant factor in determining the way the world/"The Simpsons."

For example, the next step in a tradition started by The Simpsons. It might seem obvious now, but producing successful TV is by putting a bunch of smart people in a room and asking them to respect the intelligence of the audience for entertaining them was not always uncontroversial. Other shows have done that--

A Y CARABAMA!

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I'm sure you're not likely to learn from me about The Simpsons. It's a program I never understood. I'm sure you've heard all too much about how much you can learn from The Simpsons, start with some of that stuff and go from there. You certainly need not worry about that.

I'm too late to add some hint of how much the Simpsons changed improvised, informal television landscape through its successes and failures. It was obvious, for instance, how the network changed some of the preceding conventions of the past. Network TV, the most cutting-edge and entertaining shows. And yet, the show seemed to be just about taking advantage of the thinking of the world/"The Simpsons."

As a result, of course, the show's success proved to be a significant factor in determining the way the world/"The Simpsons."

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A Y CARABAMA!
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DECEMBER 1–5
8:30am – 7:00pm | Fri. to 5:00pm

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When you spend $50 or more before tax, while quantities last.

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Study looks to score a healthier lifestyle for men

BY PAUL MAYNE

ONE WESTERN RESEARCHER is enticing overweight males to get healthy with something he feels is part of their everyday DNA – hockey.

With 40 per cent topping the scales a tad too high, the risk factors for chronic diseases – like heart disease and diabetes – are at their highest and the sedentary lifestyle of these sports-loving males is not helping.

Family Medicine professor Rob Petrella, and his colleagues from the Schulich School of Medicine & Dentistry and Faculty of Health Sciences, have launched a pilot project called Hockey Fit to motivate sports fans to get into shape and live healthier lifestyles.

By using team sports as the motivation, Hockey Fit, one of 15 Canada-wide projects funded through a Men’s Health & Wellbeing Challenge Grant from the Movember Foundation, will recruit men at the greatest risk for poor health and provide them with the skills and tools to lose weight.

“Our goal is to create momentum and excitement around men’s health and associate it with club-based sports,” said Petrella, medical director of the Canadian Centre for Activity and Aging at Western. “We know hockey is the bread and butter of the male psyche in Canada, so we are looking forward to partnering with the London Knights and Sarnia Sting involved was not a hard sell. The training staff with the two teams, made up of kinesiologists, physical therapists and athletic trainers, are at the top of their game in how to get people active and healthy.

Petrella will work with the team’s training staff who will provide the men with ways to improve their lifestyles, including creating personalized health and nutrition plans and leading them through sports-based training exercises.

A randomized trial with 120 participants – 60 in each community – will come together as a group, beginning March 1, for the 12-month program. Once a week, for 12 straight weeks, the men will take part in a 90-minute session.

“We’ll be giving them more and more skills as we go through the final part of the program in order for them to continue to do this once we’ve stopped the program,” Petrella said. “We will then continue to follow them to find out how well they are doing after 12 months.”

Once this pilot has been implemented, Petrella aims to expand this model across Canada in partnership with other junior and professional hockey teams and university-based sports.

“It’s a change for life,” Petrella said. “They’re going to identify with these teams, and perhaps will want to join a club or start their own group to play sports. It’s really up to them; we’re giving them all the skills they need to do it. “Being in this environment, where they want to be and are having fun, is enough to get them going in a positive direction. Most of them will need long-term support, but maybe they’ll start internally motivating those around them, like friends and family. It’s a behavioural change. It’s not simple or quick; they’ll really have to work at it.”
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Application deadline: January 19, 2015.

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CHAINGES ARE COMING for members of Western's Retirement Income Fund (RIF), as the Board of Governors approved Sun Life Financial as the university's preferred external provider. The move to discontinue the Western RIF, in favour of a group RIF program with an external provider, comes after months of consultation between Sun Life, Western and stakeholders, including 380 Western RIF members, mainly comprised of retirees and former employees.

“This is great news for current Western RIF members and future retirees,” said Jane O’Brien, associate vice-president (Human Resources). “This decision means we can offer an outstanding option to those who are seeking an income flow from their Western pension savings. Sun Life’s plan offers the best value – high-quality investment management, and an excellent client-service model.”

The 10-year agreement includes two additional five-year renewals at the university’s option. Western receives no payment from the agreement, but used its size and bargaining power to strike a deal that would be difficult for an individual to negotiate on their own in the retail market.

The agreement will allow Western investment staff to maintain a strong voice with Sun Life on investment funds and fund managers, and also have a seat during discussions on client services. The university will also work with the company on on-campus education programs.

Based in Toronto, Sun Life Financial is a Canada-based financial services company that manages nearly $698 billion in investment assets around the globe.

The negotiated fees are the same or lower than those currently paid by Western RIF members, and dramatically lower than ones offered to ‘walk-in’ customers, O’Brien said. Those joining during the 10-year agreement will be guaranteed the same fee structure as quoted in the 2014 proposal, for their lifetime.

Despite the change, Western investors will see a replication of the existing investment funds, and will also be able to choose from funds currently only available to University Pension Plan members and some new selections as well.

Western will soon be contacting members and begin providing more information.

“We know some of our members are anxious to take advantage of this opportunity. We anticipate people may begin enrolling as early as May 1, with more opportunities before the end of 2015. We want to support people as they consider their options and give them ample time to make decisions,” O’Brien said.

Members will continue to have the option to move their funds to another provider of their choice at any time.

“The Western RIF was a great service to our retirees when it was established, but the quality of products now available to retirees has changed dramatically,” O’Brien concluded.

Western exits the RIF after its ability to offer services and investments to retiring faculty and staff became more limited over the years.

“We’re not a financial institution, and so we face limitations that other providers don’t face,” O’Brien continued, citing the university being limited in the investments and advice it could offer members.

Western was the first – and only – Ontario university to offer a RIF program using the same investment structure as their pension plan.

“We know some members expressed concern that the RIF would no longer be fully controlled by Western. We want to assure them that, in choosing Sun Life as a preferred provider, we believe our retirees will have access to high-quality of investments and services,” O’Brien concluded.
Western Biology professor Charles Trick will be honoured next week with the Faculty of Science’s inaugural Fallona Interdisciplinary Science Award, which recognizes innovative interdisciplinary research that positively impacts the planet.

BY JASON WINDERS

CHARLES TRICK HAD only one question on his young mind: “What would it be like to live under the sea?”

Assigned an annual English composition from Grade 5 through Grade 9, Trick never strayed from that single notion, although he also never repeated himself.

“The twist was I took a different perspective each year – what are the design and technical problems? Where do I get my food and air?” the Western Biology professor explained of his earliest exposure to interdisciplinary thinking. “I was a bit obsessed. It wasn’t a plan – just the way my brain worked (much to the worry of my parents no doubt). But in retrospect, I embraced many approaches.”

Next week, Trick’s career interest in those “many approaches” will be honoured with the Faculty of Science’s inaugural Fallona Interdisciplinary Science Award, which recognizes innovative interdisciplinary research that positively impacts the planet. As part of the celebration, Trick will deliver a public lecture on Dec. 2 at the Western Science Interdisciplinary Showcase.

“Obviously, no one ever chooses their research path to accumulate an award,” he continued. “But when one works on interdisciplinary projects, there is a concern the evaluators might not appreciate the breadth of your work and passion and, thus, look poorly on your choices. It is a joy the interdisciplinary aspect of work is recognized as a positive contribution to the Faculty of Science.”

Alumni siblings James Philip Fallona, BSc’58, MSc’62, and Mary Catherine Fallona, BSc’61, MSc’65, sponsored the award in the name of their family. Starting with their father, Philip, who graduated with degrees in Math and Physics in 1927, the Fallona family now boasts nine members who hold a total of 14 Western degrees. (Among the family connections to the university, James worked in the same lab under the same professor, Physics professor R.L. Allen, as his father, only three decades later.)

The idea for this award sparked out of a Homecoming 2011 encounter with current Science dean Charmaine Dean. There, James and Mary Catherine laid out their passion for interdisciplinary work and desire to recognize it broadly.

“We have always been interested in the interconnections that occur in all the different branches of science,” James Fallona said last week. “When you are doing research, it’s very easy to concentrate on one narrow field. That’s understandable. But having a mechanism for researchers, from all sorts of disciplines, to get together and exchange ideas is so important. Ideas come from all different fields.”

“As we have gone along in our careers, in teaching and in research, we have lived the value of keeping in touch with more than just our own particular field. It should be that; people should have a broader opportunity to experience ideas from many fields.”

Trick’s selection recognizes a lifetime of work crossing borders. His training and primary research area is in oceanography. However, with a focus on the physical aquatic world, he has crossed numerous disciplines. Chemical, biological, physical and geological approaches have shaped his background and continue.

“One cannot solve a problem within one sub-discipline,” he said. “It requires multiple perspectives.”

Prior to Western, Trick was a student and academic in microbiology, botany, marine sciences, biochemistry, environmental studies and environmental engineering. Once at Western, he has been a member of Biology (and its predecessor, Plant Sciences), as well as Microbiology & Immunology and Pathology, spanning both the Faculty of Science and Schulich School of Medicine & Dentistry. He is also a member of interdisciplinary programs such as the Centre for the Environment and Sustainability and Masters of Public Health.

“No wonder my brain is twisted,” he said.

Today, Trick finds himself in his career’s “most rewarding” combination of disciplines – teaching in the Masters of Public Health program.

“At the foundation of the program is the diversity of exceptional individuals (students and colleagues) who are always sharing their perspective – and pushing me a bit to learn more, actually, pushing me a lot,” he said.
**Campus Digest**

**Board of Governors’ OK’s PMA, UWOF deals**

BY JASON WINDERS

PROFESSIONAL AND MANAGERIAL Association (PMA)-eligible and University of Western Ontario Faculty Association (UWOF) members will receive 1.25 per cent salary increase this year, followed by 1 per cent each of the next three years, according to terms of new contracts recently finalized.

On Nov. 12, Western and PMA reached a four-year agreement. More than 63 per cent of members ratified the deal last Tuesday, with a vote of nearly 97 per cent in favour. Western’s Board of Governors ratified the deal last Thursday.

PMA represents about 1,200 full-time employees engaged in managerial and professional roles. The association’s last contract expired Oct. 31.

On Nov. 12, Western and UWOF reached a four-year agreement after five days of negotiations with Ministry of Labour-appointed conciliator Greg Long. The agreement was ratified by 93 per cent of UWOF members during voting, which ended Monday.

UWOF represents about 1,627 faculty members of whom 1,032 are full-time probationary or tenured, 202 are full-time limited-term, and 293 are part-time. The association’s last contract expired June 30.

**NEWS AND NOTES**

For the second year, Enigma West brings together scholars, community members and special guests to share perspectives and stories about the ways academic institutional partners with community organizations to share resources, create knowledge and contribute to the well-being of the communities in which they are situated. The event, scheduled for 9 a.m. to 2 p.m. Friday, is open to faculty, staff and students as well as community partners in London and Middlesex County. Register at the event website, engagewestern2014.eventbrite.ca.

SmartAPPetite, a new smartphone app developed by Western researchers and their partners, provides southwestern Ontarians with the motivation and information to buy local, eat smart and get healthy.

As part of an effort to connect the region to healthy, local food options, the app’s creators aim to give a boost to the local food economy while helping people improve their diets through customized tips about local food, healthy eating, recipes and information about local farmers and food providers.

The app was developed collaboratively by Western’s Human Environments Analysis Laboratory (HEAL), the London Training Centre, Brescia University College, Wilfrid Laurier University and the Old East Village Business Improvement Area.

“The goal of our app is to remove barriers to finding local and healthy foods, which will help drive the local food economy,” said Jason Gilliland, a Western Geography professor and HEAL director. “Many people experience or perceive barriers to accessing local foods, which can prevent local food networks from expanding their capacity.”

App users are provided with daily, customized messages containing information on seasonality and nutritional content of local foods, as well as recipes and dietary tips that have been developed with Brescia’s renowned Food & Nutrition program. Each message, approved by registered dietitian and Brescia professor Colleen O’Connor, is also linked with information about local food providers whose ingredients are directly tied to the recipes. Download the SmartAPPetite app at www.smartappetite.ca.

The estate of the late Dr. Jane Bowles, of Western’s Biology Department, donated her Meade 20cm telescope to the Huron Cranly Memorial Observatory. Brian Dalrymple of the Physics and Astronomy machine shop designed, crafted, and mounted a commemorative plaque onto the tube of the telescope. Last week, the telescope arrived at its new home, and will be used in the public programs which are hosted by Physics and Astronomy.

Western Classics professor Charles Stock will deliver the 2014 Ioannides Address, How to Kill an Athlete: The Use and Abuse of Training Science in Antiquity, at 4:30 p.m. Thursday in HSBC 236. The event is sponsored by Western’s International Centre for Olympic Studies.

Stocking’s research and teaching focus primarily on ritual, politics and the body in Archaic and Classical Greek literature and culture. In addition to his work in Classics, he was a professional athletic performance coach at the University of California Los Angeles from 2004-8, where he coached multiple national, world and Olympic champions in several different sports. In his research, he makes use of his knowledge and expertise in kinesiology and competitive athletics in order to better understand the science and sociology of ancient sport.

Currently, he is preparing a translation and commentary of an obscure but extremely valuable text – Philistiaus’ Gymnasticus, our only complete, extant text on athletic training from the ancient Mediterranean world.

Western Classical Studies professor Nigel Crawford delivered the initial Ioannides Address in 1986; Rutgers Classics professor T. Cory Brennan delivered the last address in 2010.

**In Memoriam**

**GARTH R. LAMBERT**

BY PAUL O’LEARY

Professor emeritus, Faculty of Education

Garth Lambert, professor emeritus in the Faculty of Education, died on Nov. 15 after a prolonged illness. He was in his 86th year.

While at the faculty, he taught a number of courses, including the history and philosophy of education. For several years, he also held a cross-appointment with the Department of Classics in the Faculty of Arts & Humanities.

But it was in the curriculum and instruction area where he taught prospective teachers of Latin, that he had his most lasting effect. Not only did he help maintain Latin instruction within the secondary school curriculum, his enthusiasm for the subject and imaginative approach contributed, in no small way, to one of his former students receiving the Prime Minister’s Award for Teaching.

In 1975, Garth received his doctorate in Greek Philology and Education from the University of Toronto. In addition to articles and reviews, he wrote Rhetoric Rampant: The Family under Siege in the Early Western Tradition and co-authored the Dolphin Latin Reader. After he retired from the Faculty of Education in 1991, two more books appeared: Dethroning Classics and Inventing English: Liberal Education and Culture in Nineteenth-Century Ontario, followed by a small book of his own poems, Blossoms and Shadows.

This brief outline does little to reveal the witty and imaginative nature of someone who has been a close friend for some 40 years. One can catch a glimpse of his character by reading some of his poetry which ranges from the serious to the playful. In addition to being a teacher, scholar and poet, Garth was also an excellent photographer and passionate birder-watcher. Moreover, he and his wife of 53 years, Wilma, were invertebrate travelers journeying to Australia, Greece, Portugal, England, New Zealand as well as exploring Canada coast to coast. But, most of all, there was France, where they developed many friendships. Sadly, in the last years of Garth’s life, the pleasures of travel had to be curtailed.

**NELSON HEAPY**

BY MARK COLE

Psychology, Huron University College

It is with great sadness we announce the passing of Dr. Nelson Heapy, who died peacefully in the company of close friends, on the morning of Saturday, Nov. 15, in London. He will be remembered fondly by his many friends from all over the world and in all walks of life.

An associate professor of psychology at Huron University College for more than 30 years, Nelson will be fondly remembered by generations of Huron students for his unique lecture style and, in particular, his now famous social psychology stories, such as The Runner, and his show-piece lecture on the beauty of birds. He is remembered and respected by his many colleagues as the epitome of a scholar and academic – intellectually curious, warm and modest. He touched everyone with his kindness and thoughtfulness.

A celebration of his life will be held at 11 a.m. Saturday, Dec. 6 in the Great Hall at Huron. A light luncheon will be served. All are welcome to attend. Further details of the event will be posted on Huron’s website, huronuc.ca.

In lieu of flowers, a fund in memory of Nelson’s great love of reading and literature will be created in his name. Donations should be made to Huron University College, 1349 Western Road, London, ON, N6G1Y3, or online at alumni.huronuc.ca. Donors can indicate in their gift, ‘In memory of Nelson Heapy’ or select Nelson Heapy Memorial Fund’ from the drop-down menu.

Editor’s Note: Western News publishes submitted In Memoriam pieces on members of the Western community. For information, or to submit and article, contact Jason Winders, Western News editor, at jason.winders@uwo.ca.

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WindEEE tour highlights Prime Minister’s whirlwind trip to London

Canadian Prime Minister Stephen Harper chose Western’s Collider Centre for Technology Commercialization in the Advanced Manufacturing Park Monday afternoon as a backdrop for a $5.8 billion announcement of new infrastructure spending across the country, including projects here in London. After the announcement, the Prime Minister also took the opportunity to tour the WindEEE Research Institute, joined by, from left, Ed Holder, London West MP; Horia Hangan, Engineering professor and WindEEE director; Joe Preston, Elgin-Middlesex-London MP; Susan Truppe, London North Centre MP; and Amit Chakma, Western president.

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